

Session Date: _____



Action Plan

Circle the topics discussed during today's conversation. List any subtopics discussed.



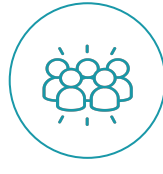
Daily Life



Quality of Life



Health



Relationships



Planning for the Future



Dementia Support



Discussion Notes: Capture and summarize key points from the discussion. Include subtopics and/or emotions that were discussed or expressed.

Action Steps:

When creating action steps, explore ways to balance safety with attention to quality of life and meaningful relationships and activities.



What needs to happen?



Who can help?



When?

What needs to happen?	Who can help?	When?