

## Using the Clinician Guide for Collaborating with Doulas

**Purpose:** This worksheet aims to support dissemination and use of the [Clinician Guide for Collaborating with Doulas](#), which clarifies the doula's role and scope of practice, shares evidence on the impact of doula support, and offers practical strategies to strengthen collaboration with doulas.

### Who Should Use the Guide

- Nurse managers or educators
- OB clinical leaders
- Quality improvement or implementation staff
- TeamBirth unit champions, if applicable

### When to Use the Guide

- Training and onboarding new clinicians
- Launching or expanding doula partnerships at your site
- Continuing education opportunities

### How to Use the Guide

- Share the Guide during staff onboarding
- Have printed copies of the Guide available for clinicians to reference in outpatient settings
- Incorporate the Guide into staff training or ongoing education opportunities
- Highlight the doula collaboration tips during a staff meeting
- Post relevant infographics (e.g., Evidence for Doula Support or What Doulas Do) around the unit or outpatient care settings
- Complete the Doula Collaboration Checklist as a team

### Ongoing Use & Success Indicators

- Clinicians can describe the doula role clearly and consistently
- Doulas are welcomed and included as part of the care team
- Fewer questions or conflicts related to doula scope or communication
- The checklist is revisited as workflows evolve
- Mutual respect and psychological safety is established among the care team